

# Talking to Parents about Money Stress

## What You'll Learn

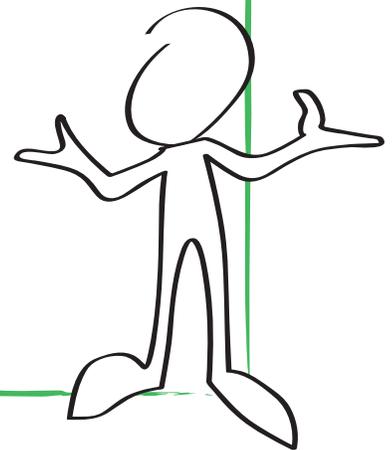
1. Examples of money stress for teenagers
2. Examples of money stress for adults
3. Ways to make good money choices during stressful money times

## Talk About It

### Ask your parents:

- What has been the most stressful money situation you've had?
- What did you do during that stressful time?
- How do you try to avoid money stresses?

My Notes:



Visit [www.bankit.com](http://www.bankit.com) for more information on making positive money choices.