

# Instructions for Workshop Leader

Use these slides (in order) with the sections of your session outline.

Welcome and Overview (Slides 2-4)

Activity (Slides 5-6)

Present (Slides 7-13)

Discuss (Slide 14)

Review and Evaluate (Slides 15-20)

Close (Slide 21)





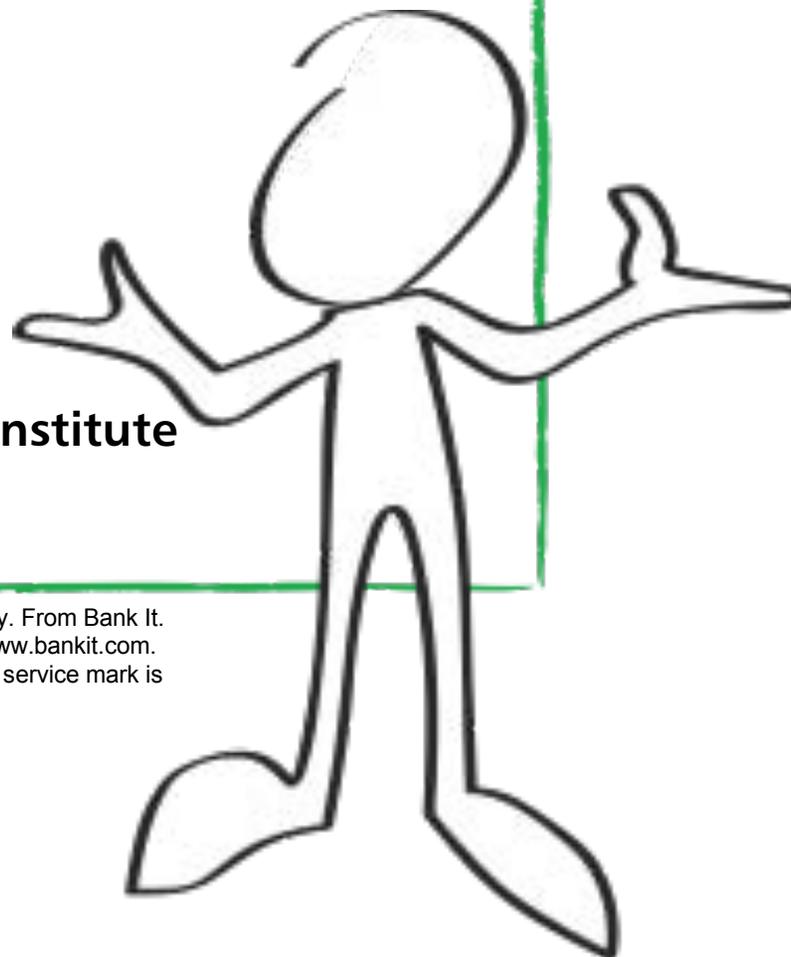
Talk Well

# Welcome to Bank It

## Talking to Your Teenager about Money

1-TA-PT

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# Welcome and Overview

## What is Bank It?

Bank It delivers real-world topics and tools to help you:

- Understand,
- Talk about, and
- Manage your money.

From Capital One and Search Institute



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# Welcome and Overview

Three goals for today:

1. Identify how your teenager manages money.
2. Name at least one way to talk to your teenager about money.
3. Explain how talking about money matters with family members helps your teenager make good money choices.



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# Activity

## Nod or Shake



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# Activity

Talking about money matters as a family helps your teenager make good money choices.



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# Present

## Capital One's Annual Back-to-School Shopping Survey

- Most teenagers want to learn how to manage their money well.
- Most teenagers want to make better money decisions.

Source: Capital One, 2009



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# Present

What happens when you go shopping for back-to-school items?



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# Present

## A key Developmental Asset:

Talking together well with your family  
(Asset #2: Positive Family Communication)

Source: Search Institute



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# Present

## The 40 Developmental Assets: What teenagers need to succeed

Source: Search Institute



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# Present

What do you know about the way your teenager manages money?



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# Present

What do you know about the way the adults you're close to manage money?



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# Present

How do you start talking about money with your teenager?



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# Discuss

Turn to talk to someone near you.

1. Say your first name.
2. Name an easy way to start talking to your teenager about money.



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# Review and Evaluate

Why is it important to talk about money with your teenager?

So your teenager can make good—or better—money choices.



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# Review and Evaluate

What are different ways your teenager manages money?

- Some save.
- Some spend too much.
- Some don't think about it.
- Some plan.



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# Review and Evaluate

What are different ways that the adults your teenager knows manage money?

- Some always spend everything right away and are broke.
- Some always borrow from other people.
- Some always have money.
- Some are good at saving.



# Review and Evaluate

How can you talk to your teenager about money without getting into a fight?

- Don't criticize how they spend money.
- Ask questions about money.
- Find out what they know about money.
- Ask where they learn about money.



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# Review and Evaluate

How do you talk about money when it's hard?

- Think about what you want to say before you say it.
- Write it out first.
- Try not to get upset when talking.



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# Review and Evaluate

What are some examples of good money choices?

- Not spending more than you have.
- Saving.
- Keeping track of your money.



# Close

Talk to your teenager.



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